

BREAKFAST MENU- February

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| | | | 1 Granola 1 serv Fruit ½ cup Milk 8oz | 2 Muffin 1 serv Fruits ½ cup Milk 8oz |
| 5 Waffle 1 serv Fruit ½ cup Milk 8oz | 6 Oatmeal 1 serv Fruit ½ cup Milk 8oz | 7 Cereal 1 serv Fruit ½ cup Milk 8oz | 8 Tortilla 1 serv Egg 1 Fruit ½ cup Milk 8oz | 9 Muffin 1 serv Fruits ½ cup Milk 8oz |
| 12 Waffle 1 serv Fruit ½ cup Milk 8oz | 13 Oatmeal 1 serv Fruit ½ cup Milk 8oz | 14 Cereal 1 serv Fruit ½ cup Milk 8oz | 15 Granola 1 serv Fruit ½ cup Milk 8oz | 16 Muffin 1 serv Fruits ½ cup Milk 8oz |
| 19 Waffle 1 serv Fruit ½ cup Milk 8oz No School! | 20 Oatmeal 1 serv Fruit ½ cup Milk 8oz | 21 Cereal 1 serv Fruit ½ cup Milk 8oz | 22 Tortilla 1 serv Egg 1 Fruit ½ cup Milk 8oz | 23 Muffin 1 serv Fruits ½ cup Milk 8oz |
| 26 Waffle 1 serv Fruit ½ cup Milk 8oz | 27 Oatmeal 1 Serv Fruit ½ cup Milk 8oz | 28 Cereal 1 serv Fruit ½ cup Milk 8oz | 29 Granola 1 serv Fruit ½ cup Milk 8oz | |

LUNCH MENU- February

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| | | | 1 Baked Chicken 2 oz Mixed Veggies ½ cup Rice 2 oz Fruit ½ cup Milk 8oz | 2 Pork Stew- pork 2 oz Crackers 2 oz Celery ½ cup Fruit ½ cup Milk 8 oz |
| 5 Bell Pepper Casserole Ground beef 2 oz Rice 2 oz Green beans ½ cup Fruit ½ cup Milk 8 oz | 6 Posole- pork 2 oz Hominy 2 oz Mixed Veggies ½ cup Fruit ½ cup Milk 8 oz | 7 Chicken Noodle Soup Chicken 2 oz Noodles 2 oz Carrots ½ cup Fruit ½ cup Milk 8 oz | 8 Hamburgers 2 oz patty Bun 2 oz Green beans ½ cup Fruit- ½ cup Milk 8 oz | 9 Chicken Nuggets 2 oz Breeding 2 oz Broccoli ½ cup Fruit ½ cup Milk 8 oz |
| 12 Shepard Pie Ground beef 2 oz bread 1 serv Corn ½ cup Fruit ½ cup Milk 8 oz | 13 Deli Sandwich Bread ½ serving Deli meat 2 oz Carrots ½ cup Fruit ½ cup Milk 8 oz | 14 Chicken Noodle Soup Chicken 2 oz Noodles ½ serv Carrots ½ cup Fruit ½ cup Milk 8 oz | 15 Frito Pie corn chips 2oz Ground beef 1 oz Beans 1 oz Mixed veggies ½ cup Fruit ½ cup Milk 8 oz | 16 Chicken Alfredo Chicken 2 oz Noodles ½ oz Broccoli ½ cup Fruit ½ cup Milk 8 oz |
| 19 Sloppy Joe- Bun 1 serv Ground beef 2 oz Carrots ½ cup Fruit ½ cup Milk 8 oz No School! | 20 BBQ Chicken 2 oz Rice 2oz Mixed Veggies ½ cup Fruit ½ cup Milk 8 oz | 21 Beef N Potato Stew Ground beef 2 oz Crackers 1 serv Celery ½ cup Fruit ½ cup Milk 8 oz | 22 Franks N Potatoes Hot dog 2 oz Green Beans ½ cup Fruit ½ cup Milk 8 oz | 23 Pizza-cheese 2 oz Crust 2 oz Salad- ½ cup Fruit ½ cup Milk 8 oz |
| 26 Chicken Nuggets 2oz Breeding 2 oz Mixed Veggies ½ cup Fruit ½ cup Milk 8 oz | 27 Deli Sandwich Bread 1 serving Deli meat 2 oz Carrots ½ cup Fruit ½ cup Milk 8 oz | 28 Roasted Pork 2 oz Quinoa 2 oz Green Beans ½ cup Fruit ½ cup Milk 8 oz | 29 Baked Chicken 2 oz Broccoli ½ cup Rice ½ cup Fruit ½ cup Milk 8 oz | |